

COUNSELOR COMMUNIQUE

VOL. 13 NO. 3

Missouri Substance Abuse Counselors' Certification Board, Inc. ,

July 2002

Mission Statement



“The Missouri Substance Abuse Counselors’ Certification Board will oversee, monitor and regulate the practice of substance abuse counseling in Missouri by establishing standards, and counselor compliance with those standards and by approving education and training. We will carry out these functions by interacting and partnering with other agencies to promote the profession and communicating accurate information about substance abuse counseling and certified substance abuse counselors, where appropriate. As an organization we will strive to maintain fiscal responsibility and stewardship of resources, while constantly improving the quality of our services. The Missouri Substance Abuse Counselors’ Certification Board is committed to promoting and protecting the integrity of the substance abuse counseling profession.”

Past, Present and Future

By Mary Vorsten – MSACCB President

The MSACCB’s 25th anniversary is an opportunity to reflect on how much has been accomplished in so short a time. As we look back at our past, we should all be proud of the many things that we as a group of professionals have accomplished.

Building on the commitments of the founding group of substance abuse counselors, the MSACCB has made many great strides in the development and professionalism of the substance abuse counselors in the State of Missouri.

The Board has come a long way from a Board of Directors and voluntary staff to a fully staffed office regulating over 1,000 recognized/certified counselors who have reciprocity with 63 other Certification Boards internationally.

I have had the opportunity to see many positive changes in my nearly nine years serving on the Board of Directors. In addition to the Recognized Associate Substance Abuse Counselor I & II (RASAC), the Certified Substance Abuse Counselor I & II (CSAC) two new credentials, the Certified Substance Abuse Prevention Professional (CSAPP) and the Certified Advanced Substance Abuse Counselor (CASAC) have been introduced.

I am grateful for all of the time given by counselors volunteering on various committees such as the CQI, Credentials Committee, and CPM evaluators. We would not have accomplished as much without these dedicated folks. We are fortunate to have a dedicated professional staff at the MSACCB Board office.

Our field may face great challenges in the future, however, I know that we are all up to the task and I look forward to a great future for the MSACCB.

MSACCB Board Members

Carolyn Hale
Southwestern Region

Ron Cohen
Eastern Region

John Gary
Southeastern Region

Dave Fleming
ADA Representative

Thomas Gaudette
Northern Region

Fran Joy
State Advisory Council

Stan Landon
Central Region

Mary Vorsten
Western Region

J. B. Woolverton
MACA Representative

Ann Cobb
Member-At-Large

MSACCB Office Staff

Jodi Haupt
Program Manager

Cheryl Mealy
Counselor Cert. Spec.

Shelby Hearne
Counselor Cert. Spec.

Danette Henderson
Board Assistant

Advertising

Advertising in the quarterly *Counselor Communiqué* is now available for trainings, publications, job opportunities, announcements, etc. Camera-ready layout and payment are due by the first of December, March, June and September for our January, April, July and October issues. Advertisements are available in the following sizes:

Size of Advertisement	No. of Consecutive Issues			
	1	2	3	4
Full Page (7.5" x 10")	\$350	\$450	\$550	\$650
Half Page (7.5" x 4.75")	\$250	\$350	\$450	\$550
Quarter Page (3.5" x 4.75")	\$150	\$250	\$350	\$450

The MSACCB reserves the right to refuse any advertisement and does not necessarily endorse any advertisement.

Newly Credentialed

RASAC I

Mark Camp
Sandra Thomas
Peggy Agee
Brenda Schrum
Elliot Evans
Scott Myers
Lon Holder
Sharon Sausto
Larry Johnson
Stephen Curran
Henrietta Dennis
Robin Osborn

Steven Taylor
Janet Petty
Alyson Harder
Ursula Fichtelberg
Matthew Gregor
Evelyn Owens Taylor
Holly Hintz
David Evans
Christine Ralph
Matthew French
Heather McClain

RASAC II

Darren Perry
Margaret May
Steven Burcham

Diana Hatfield
Kori Daniel

CSAC's by Reciprocity

Patricia Stanford

Tom Curler

Upcoming Test Dates

The following are the dates for the administration of the IC&RC/AODA Written Examination for CSAC's, CSAPP's, CASAC's and the Case Presentation Method (CPM).

Written Exam:

December 14, 2002
June 14, 2003

CPM:

April 12, 2003
Sept. 13, 2003

OFFICE SPACE AVAILABLE

Need an office in Jefferson City a day or two a week?

Modern Office in Jefferson City available on a 1 day per week basis (4 days per month) Monthly fee of \$125.00 includes phone, fax, 12 x 12 office, classroom seating 12-5 individuals and parking. Additional days per week are available. Call 636-7242 to make arrangements to inspect.

Past, Present and Future

By Jodi Haupt, Program Manager

The Missouri Substance Abuse Counselors' Certification Board, Inc (MSACCB) became incorporated as a not for profit corporation on June 6th, 1977. That was the beginning of a 25-year journey that delivered the organization into the 21st century. A number of changes have occurred during these two and a half decades.

When the Board was developed, it initially consisted of three members. Today the MSACCB has grown to 10 members representing each of the state's regions. Also represented on the Board now are the Missouri Addiction Counselor's Association, the State Advisory Council on Alcohol and Drug Abuse and the Division of Alcohol and Drug Abuse. The number of professionals credentialed over the past 25 years has obviously increased as well. Currently more than 1000 professionals are active with the MSACCB and another 83 individuals are in the process of becoming recognized or certified.

When the board began twenty-five years ago there were two levels of certification available: Alcoholism and Drug Counselors. Today there are six credentials including a prevention professional certification, two levels of recognition and three levels of certification for counselors including the most recent credential, the Certified Advanced Substance Abuse Counselor (CASAC), which was first offered in August of 2001.

Increasing of standards for recognition and certification has also changed over time. As the profession grew and changed, so has the need for counselors to be equipped with the appropriate knowledge and skills to effectively treat those needing substance abuse services. In 1985, the MSACCB became a member of the organization, which is now known as the International Certification and Reciprocity Consortium for Alcohol and Other Drug Abuse. That affiliation has provided the MSACCB with quality testing for competency as well as international standards accepted by 67 boards including states, countries, branches of the U.S. military, Indian Health Services (IHS), etc. Over time, the MSACCB increased its standards including requiring supervised practicum hours; training specifically in ethics; and the oral case presentation, a second testing component.

The profession has worked diligently to bring about change by increasing awareness and reducing stigma often associated with alcohol and drug abuse. Some progress has been made over time and yet more change is still needed. Educating the public about the disease that claims so many lives each year is critical in the future.

In my decade of working with the MSACCB I have witnessed many changes yet there is one aspect that has not changed—the people in the profession. I have met many wonderful, caring people who have impressed me greatly with their compassion and commitment to help those in need of treatment and prevention services. Roger Johnson is a shining example and I am grateful for his leadership and friendship, as he has been my mentor during my tenure with the MSACCB. I consider myself truly blessed to know and work with Roger as well as so many other competent Board members, past and present; caring professionals certified and recognized with the MSACCB; and the extremely capable, professional and fun-loving staff who have made work a joyful experience--every day. May the next 25 years bring change as needed and the professionals remain the humanitarians they have always been.

Twenty-Five Years and Counting

It is hard to believe that the Missouri Substance Abuse Counselors Certification Board (MSACCB) is a quarter of a century old. There are many reasons the MSACCB has survived and grown during these 25 years. I would like to reflect on a few of these.

MSACCB was initially an idea developed by the Missouri Alcohol Counselors Association based on their decision that the certification process should always be a distinct entity from the counselor association purpose of professional advocacy and counselor development. This decision allowed both groups to work together and yet have distinctly different functions. Today, the MSACCB and the Missouri Addiction Counselors Association (MACA) continue that tradition.

In 1984 the MSACCB made the decision to explore membership in the Certification Reciprocity Consortium (CRC) now called the International Certification Reciprocity Consortium (IC&RC). In 1984 the MSACCB was on the outside looking in at what other certification authorities had accomplished particularly in reference to the oral case presentation method test. There was a considerable investment in time and money to get the MSACCB up to speed. My experiences and contacts show me that the MSACCB is now one of the leaders among all certification authorities.

In its earliest years, the MSACCB was a “basement office desk and car/truck storage” operation. Personal signatures of the Board members secured the initial business loan. Meetings were held when and where space was available. The MSACCB made efforts to hire part-time staff as money became available. While some of the staff employed were good people, their efforts provided little relief for the growth of the MSACCB. Phone calls were often returned in days not hours. Letters were answered in weeks not days. Many disagreed with the MSACCB’s decision to develop a partnership with the Missouri Division of Alcohol and Drug Abuse. While you can argue the merits it is hard to argue with the results. The staff of the MSACCB provides excellent and timely services. The leadership shown by Jodi and the knowledge and skill of her staff are something I have learned to appreciate and I believe some often take for granted.

In the early 1990’s, I made a decision to leave the MSACCB as an active Board member. That decision, in part was made to spend more time with my new bride, Marcia. This decision was made easier with my observations of the outstanding job being done by Jodi Haupt and the knowledge that the Board would be well served by the new president and my friend, Jim Rollen. The Board’s continued growth is a credit to the job Jodi and her staff have done, and the outstanding contributions in time and expertise of the many Board members both past and present.

I enjoyed a special time this spring when the CPM evaluator retraining was held in Jefferson City. This is a great group of people who give unselfishly of their time and talents to work as trained evaluators providing for the CPM testing to take place twice a year. It makes me think of the countless number of people who have provided volunteer assistance to our Board in various capacities over the years; this includes agencies that have donated space and other services.

While it is easy to examine the past with a smile on our face concerning the Board’s success, we must also look to the future. The new CASAC credential seems to be another correct step in the career ladder. The discussion as to the merits of certification versus licensure seems to always provide a lively discussion. It is important that we, as counselors, continue our training and remain current with new technologies and training programs that are local and affordable. There are needs in some areas, especially rural, in the State of Missouri for clinical supervision for counselor trainees. It is important that funding for treatment of substance abuse disorders and recognition of substance abuse counselors be on parity with all other health care problems and professionals.

Finally, the Board does not exist without the person it primarily serves, the substance abuse counselor and counselor applicant in Missouri. The many people that have participated in the certification process thanks for

being part of a bigger picture. The bigger picture is the guarantee to the consumer of substance abuse services in Missouri that counselors certified by the MSACCB have met the highest standards available.

I have remained and will remain, as long as I am needed, a consultant and the CPM training coordinator for the Board. I believed in the certification process twenty-five years ago and I believe in the process even more now. Maybe this explains why I have been introduced as the “godfather of addiction counseling in Missouri.” A title I own with some pride. I just wonder where the MSACCB and the substance abuse counseling field will be in 25 more years. Just a note to me: If I am the “godfather,” Fran Joy has to be the “godmother” of substance counseling in Missouri.

Peace and grace,

By Roger Johnson, CASAC, LPC, MAC

October 31, 2002, Renewal Information

Renewal materials for the October 31, 2002, renewal cycle for RASAC II's, CSAPP's, and CSAC I & II's and CASAC's will be mailed during the month of September 2002. Renewal materials must be postmarked by October 31, 2002. A 30 day grace period is available through November 30, 2002, with payment of an additional \$75.00 late fee. Renewal materials postmarked after November 30, 2002, will result in an expired credential.

Should you lose or misplace your renewal packet there is a \$25.00 replacement fee. You may request an additional renewal packet by phone or fax and the additional charge will be listed on the renewal packet form for you to pay when you submit your renewal fee.

If you are a RASAC II in the process of upgrading to any certified level, please read this notice carefully.

There has been some confusion in the past regarding your credential while in the upgrading process. If you do not renew your RASAC II while in the upgrade process, your credential will expire. This is entirely up to you. If you need to maintain your credential while in the upgrade process, then you will want to pay the renewal fee and complete the materials.

If you are sitting for the CPM on 9/14/02, please be advised that pass/fail notices will be sent to you before the renewal deadline of 10/31/02. If you pass the CPM on that date, obviously you will not want to renew your RASAC II. If you fail the CPM on that date, you will probably want to renew your RASAC II credential as you will not retest until 4/12/03.

If you are scheduled to sit for the IC&RC/AODA written examination on 12/14/02 and fail the exam and have not renewed your RASAC II, you will be without a credential from that time until you retest in June 2003. Also, should you pass the written exam in June 2003, you have to wait until September 2003 to sit for the CPM.

RASAC II renewal fee	\$75.00
CSAC/CASAC/CSAPP renewal fee	\$190.00
Late fee	\$75.00
Replacement Packet fee	\$25.00

The following sources are examples of continuing education that might be used:

- alcohol/drug continuing education programs;
- in-service education programs or professional presentations
- college/ university coursework;
- workshops, seminars, and conferences;
- preapproved homestudy coursework; (Laban's is the only preapproved homestudy provider at this time)and/or
- preapproved Internet coursework (DLCAS and Breining Institute are the only preapproved internet providers at this time)

If you need further clarification, please call the Certification Board office.

If your address has changed and you have not notified the Board office, please do so immediately.

Congratulations on 25 Years

By Michael Couty – Director Missouri Division of Alcohol and Drug Abuse

It gives me great pleasure to congratulate the Missouri Substance Abuse Counselors' Certification Board, Inc., on 25 years of service. I am pleased and proud that the Certification Board has reached this milestone of 25 years overseeing, monitoring and regulating the practice of substance abuse counselors in the State of Missouri.

The Missouri Substance Abuse Counselors' Certification Board has been committed to promoting and protecting the integrity of the substance abuse counseling profession. The Division of Alcohol and Drug Abuse has been privileged to partner with the MSACCB to assist them with this endeavor.

In December, 1989, the Missouri Division of Alcohol and Drug Abuse played an important role in furthering the Certification Board's mission by providing a state employee to be assigned to the Board to serve as Executive Director. In 1995 the Certification Board and the Division of Alcohol and Drug Abuse entered into a contractual agreement that is proving to be an effective vehicle for this partnership. As Division Director, I am committed to working with the Board and certified counselors throughout the State to ensure a viable, effective system of care. We need to support each other with our sense of common mission. Again, I wish the Certification Board much continued success in the coming years.

Coordinator, Chemical Dependency

St. John's Health System, Springfield, MO., is currently seeking a Coordinator for Chemical Dependency Services. FT, weekdays. Minimum of Master's degree in Social Work, Counseling, Psychology or related field. Missouri license in Social Work or Psychology required with preference given to Missouri Certified Substance Abuse Counselors.

Prefer five years of clinical supervision & Administration of Chemical Dependency programs. Knowledge of JCAHO standards preferred.

This position will be 50% clinical and 50% administrative. Apply to St. John's Human Resources, 1235 E. Cherokee, Springfield, MO 65804. Fax resume to (417) 888-7799 or apply on-line www.stjohns.com. EOE/AA employer

Then and Now

By Jim Rollen, LCSW, CSAC II, Board President 1989-91

The Missouri Substance Abuse Counselors' Certification Board, Inc. has experienced many ups and downs along with a bit of compromise. During my tenure, we were experiencing poor management and loss of revenue. At one point, we even had to commission individual board members to donate space for file storage in their own garages to save money.

1988-1991 were the years we negotiated with the Division of Alcohol and Drug Abuse for assistance. There were fears this negotiation would lead to a dysfunctional marriage. Fortunately our comradery and a good bit of speaking out lead the Certification Board and the Division of Alcohol and Drug Abuse into a workable partnership.

Hiring of a spunky, organized and determined young lady by the name of Jodi Haupt gives you the rest of the story.

I wish to thank Sue Giles and Michael Couty for respecting boundaries and giving the support we needed for these past thirteen years. I am encouraged that in Missouri we have a strong board and very workable, ethical system in place.

Twenty-Five and Still Counting

By

Rich Hayton - Past MSACCB Director

The Substance Abuse Counseling Profession is a little more than thirty years old, dating back to the late 1960's. It is remarkable that counselor certification began in Missouri twenty-five years ago, not long after the profession became established. Professional counselors and the recovering community alike recognized very early the importance of standards to ensure professional competence and govern ethical conduct and scope of practice. Thus, from the beginning there has been an active sense of partnership between educators, professionals, self-help groups and recovering individuals in making the counselor certification movement strong in our State.

MSACCB is strong and viable because those who have served on the Board over the years have wisely led the agency on a two-lane course of strength and respect. On the one hand MSACCB has had the support and respect of the Missouri counselors it serves and protects. On the other hand, the membership in ICRC provides the strength that comes from great numbers, and the credibility that is vested in visionary national organizations. Support from below and strength from above—the kind of foundation that makes successful agencies, institutions, and personal relationships. I think this is the secret of MSACCB's successful existence for twenty-five years.

There is a third ingredient of that success, however. This ingredient is frequently overlooked in favor of more concrete and more measurable outcomes. That ingredient is the background hum of numerous lives saved because someone fought to ensure that sick people were treated by competent professionals. It is easy to measure results by counting the number of counselors certified, or the number that move up from RASAC to CSAC, or the number who pass tests. It is more difficult to measure how that translates into quality services. But we should take pride in the fact that certification does result in higher quality treatment, which results in more recoveries, which results in better quality of life and longer life for many. So, if strength and respect are characteristic of MSACCB's relationship with its counselors and its partners, pride is the characteristic of its basic functions—to increase professionalism, to relieve suffering, and to save lives. Continue to be strong. And be proud. Congratulations on twenty-five years.

E.S.C.A.P.E Outpatient Chemical Dependency Center

Main Office: 501 North Ault St.
Moberly, MO 65270
660-263-7552 – Fax: 660-263-6593

Visit our Website: www.escapealcoholdrugs.com

Needed: Moberly:
OEP Instructor, Monthly Programs (Fri PM - Sat AM or PM)

ADEP Instructor, Monthly Programs (Mon - Tues PM)

WIP Qualified Professional for
Bi-monthly WIP

Columbia:
OEP Instructor, Monthly Programs (Mon - Tues PM)

Macon:
OEP Instructor Monthly Programs (Sat PM - Sun AM or PM)

FAX Resume to: 660-263-6593 today, Top Pay for Instructors & QP's

The Kansas City Chapter of EAPA Proudly Presents

SAP Qualification Training

As required by the Department of Transportation's regulation 49 CFR Part 40.281(c)

Event Title: Substance Abuse Professional (SAP) Qualification Training

Description: This training fulfills the Department of Transportation's qualification training requirement for individuals who are currently providing Substance Abuse Professional (SAP) services, or those who intend to provide SAP services in the future. The training is also an excellent source of information for organizations who need to update their knowledge and understanding of the revised regulations.

Sponsored By: The Kansas City Chapter of the International EAP Association, and Blair & Burke, an internationally renowned consulting firm that specializes in employee productivity and organizational behavioral risk issues.

Presenter: Lee Mauk, MA, CEAP, a Senior Consultant with Blair and Burke.

Where: The Marriott on the Plaza, 4445 Main Street, Kansas City, Missouri 64111
816-531-3000

When: August 8 and 9, 2002

Time: 8:00 am to 5:00 pm on Thursday August 8, 2002, and 8:00 am to 3:45 pm on Friday August 9, 2002.

Continuing Education: The conference has been approved for 14 hours of continuing education (PhD's and CEU's).

Who Should Attend: In order to provide Substance Abuse Professional Services, the Department of Transportation requires SAPs to be a licensed social worker, a licensed psychologist, a Certified Employee Assistance Professional, or an alcohol/drug counselor who is certified by either the NAADAC or the IC&RC. The DOT also requires that you have knowledge and experience in the diagnosis and treatment of substance-related disorders. The training will also provide valuable information for occupational safety professionals, human resource personnel, EAP administrators, and case managers.

Cost: \$395.00

To Register: www.blairandburke.com or call 910-328-3348

Information: Please contact Richard Ready at Alternatives EAP 816-753-8283



mattc mid-america addiction technology transfer center

FUNDED BY CENTER FOR SUBSTANCE ABUSE TREATMENT, SAMHSA

The Mid-America Addiction Technology Transfer Center (Region 8) is a national resource center for professionals treating alcoholism and other substance use disorders. We offer educational opportunities for professionals who need effective, creative, evidence-based solutions in the treatment of addicted people.

Work Goals for 2002-2003

- Convene Region 8 Coordinating Council
- Modify Workforce Needs Survey
- Redesign mattc.org website
- Convene Region 8 Addiction Educators Conference
- Introduce: Foundations of Substance Use, Abuse, and Addiction
- Provide technical assistance for technology transfer activities



Current Events:

July 15

White Bison Sacred Hoop Journey III

September 3-5

Spirituality: The Foundation of Recovery

For more information,
contact the MATTC at 816.482.1100 or visit our website at www.mattc.org.

Mid-America Addiction Technology Transfer Center
A Program in Residence at the University of Missouri-Kansas City
5100 Rockhill Road



Family Counseling Center

Immediate Openings Available

ALCOHOL AND DRUG COUNSELORS
CASAC, CSAC II

If you are seeking a rewarding position in the field of Substance Abuse Treatment, our agency has established treatment facilities with immediate openings!

We are seeking motivated dedicated professionals interested in working with adults or adolescents in our program facilities located in southeast Missouri. We are offering competitive salaries with excellent benefit plans.

Interested individuals, please send Resume' to:

Family Counseling Center, Inc.
P.O. Box 71

Kennett, MO 63857

Attn: Regina Hall, Human Resources manager

Email: regina@familycounselingcenter.org

Phone: 573-888-5925 ext. 118

Web Page: www.familycounselingcenter.org

CASAC Lapel Pin

The Missouri Substance Abuse Counselors' Certification Board, Inc. is proud to offer for purchase a lapel pin designating an individual's Certification (CASAC) status.

Please send me _____ lapel pin(s) I have enclosed \$5 per lapel pin(s) for a total of \$_____ (includes shipping and handling)

Shipping Label

Please Print or Type

Name	_____
Address	_____ _____ _____
CASAC lapel pin	Zip Code _____

Earn your training hours on YOUR time
WHERE & WHEN you want!

Laban's Trainings Approved Home Study

1.800.795.5278 Fax 717.657.7996

SAME-DAY Turnaround

NBCC Provider # 5867 MSACB PROVIDER NAADAC Provider #000105

www.last-homestudy.com

15 hour courses- \$95 each

Psychopharmacology in Addiction Settings
Domestic Violence & Substance Abuse
Dual Diagnosis: Personality Disorders
Substance Abuse and Older Adults
Three Theories of Counseling: Psychoanalytic,
Cognitive & Reality Approaches
Motivational Counseling
Brief Interventions in Chemical Dependency
Dual Diagnosis: Mood Disorders

8 hour courses - \$65 each

Mental Status Assessment in Addiction Settings
Health Issues for Addiction Setting Employees
Understanding Withdrawal & Detoxification
Drugs of Abuse
Adolescent Treatment Issues

7 hour courses - \$60 each

Criteria Based Documentation
Group Counseling: Process & Techniques

6 hour courses- \$50 each

21st Century Ethics in Counseling
Clinical Supervision Principles, Techniques & Methods
Values Driven Addiction Supervision
Defense Mechanisms/Coping Strategies
Addiction Based Treatment Planning
HIV/AIDS Training
The AIDS Rollercoaster: Counseling the HIV Client
Ethics Training
Dual Diagnosis-Assessment Issues
Aspirational Ethics
Cultural Diversity in Counseling
4 hour course - \$30
The Methadone Controversy

Here's How It Works

Complete the programmed learning workbook, send us back the completed open book test, and your certificate is mailed back the SAME DAY.

Buy 2- deduct 10% Buy 3 - deduct 15% Buy 4 or more deduct 20%

1. Phone your order in 7 days a week 800.795.5278 - *Quickest method*
2. Fax your order & this page to 717.657.7996 with credit card information
3. Order online and check out our *Web Specials!* www.last-homestudy.com
4. Circle desired courses, complete below form, and return this page with check/ credit card information

Full Name (print clearly) _____

Address/City/State/Zip: _____

Credit Card #: _____ Expiration Month/Year: ____ / ____

Signature: _____ Day / Evening Phone (____) _____

MAIL ORDERS TO: LABAN'S TRAININGS, PO BOX 126307, HARRISBURG PA 17112